

ADHD: STRATEGIES AND SUPPORT

ADHD is a common disorder characterised by difficulties with focus, self-control, excessive activity and other skills important in daily life. It impacts how children function in school as well as with their relationships. Understanding the challenges of ADHD allows one to find the best help possible for a child.



This course is recommended for people with some experience in the field of education as well as for students and parents interested in working in inclusive educational settings.

COURSE OUTLINE What is it? | Who can diagnose ADHD? | Symptoms to look out for | Causes of ADHD | How does ADHD impair the function of a child? | Differential Diagnosis | Comorbidity | How do we treat ADHD? | What to do with the ADHD child in my class

Oakley House Training and Support Centre, 68 Myburgh Rd, Diep River
For more information and course fees contact Carien Smit – csmit@oakleyhouse.co.za or 021 713 3885



Course presenter: CARIEN SMIT has worked as a Learning Support Teacher in the government and private sectors, with specific focus on supporting children with a range of learning barriers in the classroom. She completed her Master's degree in Educational Support and specialises in inclusive classroom practice. Carien is passionate about equipping teachers with the essential skills and knowledge through continuous professional development, to allow for successful learning opportunities for all learners in their care.